

Parkour Party

Is your birthday coming up?
Why not have a Parkour party?

We are able to setup a special session just for you and your guests to learn Parkour and play in the gym. We will go over fun exercises that teach you how to move past the obstacles in your environment. We will also setup stations for learning specific techniques as well as small obstacle courses. Everything is customized for the people in your party at the appropriate age and level. All this done in the padded safety of the gym. Contact us for more information.



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Parkour Birthday



Party

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